

DEVELOP YOUR PASSION

WHAT IS MY PASSION?	RELATED VOLUNTEER EXPERIENCE	SKILLS...	WHICH COULD LEAD TO...JOBS
A Protecting the environment	Cleanups at community centre, trails, or parks; community gardening; supporting environmental sustainability programs	<ul style="list-style-type: none"> • Organizational • Interpersonal • Manual 	Environmental engineer; land use planner; waste management; recycling; ecologist; horticulturalist
B Fighting poverty	Building homes; advocacy or information campaigns; shelters and food programs; food, clothing and supply drives	<ul style="list-style-type: none"> • Leadership • Organizational • Manual • Communication • Financial 	Social worker; social services worker; documentary or report writer; community worker advocacy; food service; politics
C Caring for people and animals	Community support programs for seniors, adults, children or people with special needs; friendly visiting or buddy programs; tutoring; crisis centre help line; spiritual support; cleaning; language translation; Animal shelter helper; pet visitor to seniors; horseback riding therapy	<ul style="list-style-type: none"> • Communication • Personal Qualities • Interpersonal • Organizational • Manual 	Teacher; social worker; hospitality; child care; personal support worker; counselor; police/security; human resources Veterinarian; animal trainer; animal biologist; pet therapist; pet store manager
D Event planning and promotion	Planning special events and programs for seniors, adults and children; cross-cultural events; public relations and promotion; social media and website management; fundraising; canvassing;	<ul style="list-style-type: none"> • Leadership • Organizational • Interpersonal • Communication • Technology • Creative 	Hospitality & tourism; event planner; fundraiser; community programmer; marketing/sales manager; entrepreneur; motivational speaker
E Sports and recreation	Sports coaching; recreation therapy; after-school or camp programs; training; sport workshops	<ul style="list-style-type: none"> • Leadership • Communication • Organizational • Interpersonal 	Sports medicine practitioner; personal trainer; physical or recreation therapist; recreation facility management
F Healthy living and education	School nutrition; community centre health and wellness; emergency/first aid; tutoring and literacy programs	<ul style="list-style-type: none"> • Leadership • Communication • Personal Qualities • Organizational • Manual 	Health care practitioner; nurse; physical therapist; dietician; paramedic; doctor; fitness instructor; food services; teacher
G Community development	Board member; events/fundraising committee member; advocacy campaign; city or neighborhood planning committee	<ul style="list-style-type: none"> • Organizational • Communication • Leadership 	Corporate/financial management; business planner; executive director; negotiator; consultant; research and development
H Managing resources and information	Reception; information services; library/resource centre assistant; computer support or instruction; board treasurer; food bank managing/ sorting/ delivery	<ul style="list-style-type: none"> • Organizational • Technology • Numeracy • Financial • Leadership 	Office manager; IT technician; supervisor; government services; librarian; researcher; accountant; customer service
I Creating and the arts	Painting; gardening; building; landscaping; music or arts programs; promotion/campaign materials; speaker's bureau; community theatre/museum - wardrobe/set	<ul style="list-style-type: none"> • Technology • Writing • Organizational • Creative 	Designer; artist; seamstress/ tailor; construction or trades worker; gardener/landscaper; musician; museum curator; theatre management

Adapted with permission from The Volunteer Action Centre Waterloo Region